

Fearless Fifties

It's Not About Age.....It's About Attitude



50 WAYS TO TURN YOUR LIFE ON WORKSHOP

Are you ready for a change?

**In your relationships ● In your career ● In your health
● In your finances ● In spirit**

For twenty-five years, Jacqueline Wales has been coaching women on how to get past limiting behaviors and anxiety caused by self-doubt. Her ability to see right to the heart of the problem will help you move beyond the stuck places, find strategies that work for you, and take you to the place where you can stand in your own power and know anything is possible.

Learn how to:

- **Improve** your attitude; overcome negativity
- **Embrace** possibilities; expand your options and choices
- **Grow** beyond your limiting beliefs
- **Learn** to ask for help when you need it
- **Discover** new choices to create the life you desire
- **Balance** taking care of others with nurturing your self
- **Communicate** collaboratively to get what you want
- **Deepen** your connection to the spirited woman you are
- **Build** trust and confidence in the choices you make
- **Acknowledge** your natural gifts and accomplishments

Join us for an extraordinary three hours of fun, action and dynamic learning that will move you to the next level of your journey to become the woman you were meant to be.

Be inspired and take home **50 Ways to Turn Your Life On.**
Guaranteed.

Date: Sunday, January 27, 2008

Time: 2-5pm

Location: Sage Theatre

**711 Seventh Avenue, 2nd Floor
between 47th and 48th St.**

Fee: \$69 in advance

\$80 at the door

Space limited to 30 people

To register

. lca@virtuallucinda.com

or call

(718) 502 9332

All Organizations and Company representatives are welcome to come free of charge. Contact Lucinda at the above email for more information.

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